



REINWOOD SCHOOL DINNERS *(Fortnightly menu - as at Sept 2016)*

WEEK 1		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal 1 <i>(B) Meat option</i> <i>(R) Halal option</i>	Oven baked sausages & gravy	Chilli chicken fajitas	Homemade meat & potato pie & gravy	Chicken & tomato penne pasta	Halal lamb tagine, savoury cous cous and garden peas
		Creamed potatoes, seasonal vegetables	Halal chilli chicken fajitas	Homemade Halal meat & potato pie & gravy	Halal chicken & tomato penne pasta	Crispy potato slices & garden peas
	Main Meal 2 <i>(G) Vegetarian option</i>	Quorn meatballs in bbq sauce	Oven baked breaded salmon	Jacket potato	Homemade vegetarian pizza	Oven baked fish finger, parsley sauce
		Wholegrain rice with garlic bread	Cauliflower & broccoli mornay. Oven roast potatoes	Served with tuna or cheese & beans	Sweetcorn & chunky chips	Crispy potato slices & garden peas
Salad bar / Bread	<i>Salad bar & bread</i>	<i>Salad bar & bread</i>	<i>Salad bar & bread</i>	<i>Salad bar & bread</i>	<i>Salad bar & bread</i>	
Sweets 	Chocolate fudge pudding & choc sauce. Raspberry sponge, Ice/cream roll, yoghurts, fresh fruit salad	SUGAR SMART: Variety of low-sugar puddings	Steamed ginger sponge & custard. Selection of cold sweets. Fresh fruit salad	SUGAR SMART: Variety of low-sugar puddings	Lemon crunch tart with custard. Homemade choc & courgette cake. yoghurt & fresh fruit salad	

WEEK 2		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal 1 <i>(B) Meat option</i> <i>(R) Halal option</i>	Mince & Yorks pudd	Chicken korma	Meat casserole & dumplings	Spaghetti Bolognese	Homemade sausage roll
		Halal Mince & Yorks pudd	Halal chicken korma	Halal meat casserole & dumplings	Halal Spaghetti Bolognese	
		Creamed potatoes, broccoli & gravy	Wholemeal rice & naan bread	Creamed potatoes & seasonal vegetables	Mixed seasonal salad & garlic bread	Potato wedges, garden peas
	Main Meal 2 <i>(G) Vegetarian option</i>	Vegetarian sausage & yorks pudd	Homemade savoury cheese pinwheel	Jacket potato	Homemade quiche	Oven baked Breaded fish
Creamed potatoes, broccoli & gravy		Herby diced potatoes & garden peas.	Served with tuna or cheese & beans	Chunky chips and a mixed seasonal salad	Potato wedges, garden peas	
Salad bar / Bread	<i>Salad bar & bread</i>	<i>Salad bar & bread</i>	<i>Salad bar & bread</i>	<i>Salad bar & bread</i>	<i>Salad bar & bread</i>	
Sweets 	Jam roly poly & custard. Strawberry delight, yoghurts, fresh fruit salad	SUGAR SMART: Variety of low-sugar puddings	Sticky toffee pudding & custard. Assorted biscuits, yoghurts, fresh fruit salad	SUGAR SMART: Variety of low-sugar puddings	Victoria marble sponge & custard. Assorted cold sweets, yoghurts, fresh fruit salad	