

# REINWOOD JUNIOR & INFANT SCHOOL DINNERS

(Fortnightly menu - as at JAN 2019)

W E E K  1	Main Meal 1 (B) <i>Meat option</i> (R) <i>Halal option</i>	Monday	Tuesday	Wednesday	Thursday	Friday
		Chicken Tikka Masala (B)	Oven Baked Sausages (B)	Chicken Roast with trimmings (B)	Flame Grilled Chicken Fillet in Bread Bun (B)	Crispy Crumbed Fish (G)
		Halal Chicken Tikka Masala (R)	Vegetarian Sausages (R)	Halal Chicken Roast with trimmings (R)	Halal F/G Chicken Fillet in Bread Bun (R)	
		Wholegrain Rice and Naan Bread	Creamed potatoes, garden peas, carrots & gravy	Roast & creamed potatoes, seasonal vegetables	Mega wedges & crunchy red cabbage coleslaw	Chunky chips & mushy peas
Main Meal 2 (G) <i>Vegetarian option</i>	Jacket potato (G)	Vegetable Lasagne (G)	Breaded Salmon Fillet (G)	Quorn Dippers & BBQ Dip (G)	Margherita Pizza Swirls (G)	
With tuna crunch or cheesy baked beans	Homemade Garlic Bread	Roast & creamed potatoes, seasonal vegetables	Mega wedges & golden sweetcorn	Chunky chips & baked beans		
Salad bar / Bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	
Desserts	Sponge of the day served with creamy custard. Cheesecake OR chunky fruit pots	Creamy Rice Pudding with fresh fruit. Homemade biscuits & fresh fruit juice OR fresh fruit salad	SUGAR SMART: A selection of reduced sugar desserts OR organic yoghurts	Seasonal Fruit Crumble with creamy custard. Assorted cupcakes OR fresh fruit kebabs	Chocolate & Pear pudd with chocolate sauce. Various home baking OR chunky fruit pots	

W E E K  2	Main Meal 1 (B) <i>Meat option</i> (R) <i>Halal option</i>	Monday	Tuesday	Wednesday	Thursday	Friday
		Meat & Potato Pie (B)	Chicken Korma (B)	'Roast' with trimmings (B)	Meat Casserole & dumplings (B)	Crumbed Fish Fingers (G)
		Halal Meat & Potato Pie (R)	Halal Chicken Korma (R)	Halal 'Roast' with trimmings (R)	Halal Casserole & dumplings (R)	
		Herby diced potatoes & seasonal vegetables	Jacket Wedges & sweetcorn	Oven roast & creamed potatoes, seasonal vegetables	Parsley potatoes & garden peas	Crispy sliced potatoes & baked beans
Main Meal 2 (G) <i>Vegetarian option</i>	Tomato & Basil Pasta (G)	Jacket potato with tuna / cheese & beans (G)	Cheese & onion quiche (G)	Homemade Vegetable Pizza (G)	Quorn Meatballs with arrabiata sauce in subroll (G)	
Garlic Bread and Winter salad		Roast potatoes & seasonal vegetables	Chunky chips & side salad	Crispy sliced potatoes & crunch coleslaw		
Salad bar / Bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	
Desserts	Fresh Milkshake & homemade biscuit, Fresh fruit kebabs, organic yoghurts	Chocolate sponge & chocolate sauce. Fruit in jelly, chunky fruit pots	SUGAR SMART: A selection of reduced sugar desserts OR organic yoghurts	Sponge of the day with creamy custard. Jam & cream scones and chunky fruit pots	Fruit shortcake with creamy custard. Home baking and fresh fruit salad	