



REINWOOD SCHOOL DINNERS (Fortnightly menu - as at Jan 2018)

W E E K 1		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal 1 (B) Meat option (R) Halal option	Chicken Tikka Masala	Spaghetti Bolognese	Traditional Roast Turkey	Oven baked sausage in a roll	Creamy chicken pie
		Halal Chicken Tikka Masala	Halal Spaghetti Bolognese	Halal Roast Chicken		Halal creamy chicken pie
		Wholegrain Rice and Nan Bread	Garlic bread and a mixed seasonal salad	Roast & creamed potatoes, seasonal veg, stuffing & gravy.	Corn on the cob and crunchy coleslaw	Parsley potatoes, green beans, carrots and gravy
	Main Meal 2 (G) Vegetarian option	Homemade savoury cheese pinwheel	Oven baked salmon fishcake	Jacket potato	Vegetarian oven baked sausage in a roll	Oven baked fish fingers
	Crispy Sliced Potatoes and garden peas	Creamy mash with parsley sauce & fresh seasonal veg.	Served with a selection of toppings	Corn on the cob and crunchy coleslaw	Chips & garden peas	
Salad bar / Bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	
Sweets 	Orange Victoria Sponge served with creamy custard. A selection of cold sweets and fresh fruit salad.	SUGAR SMART: A selection of reduced sugar desserts	Bakewell Tart with creamy custard. Selection of cold sweets. Fresh fruit salad	SUGAR SMART: A selection of reduced sugar desserts	Steamed chocolate fudge pudding served with chocolate sauce. A selection of cold sweets, fresh fruit salad	

W E E K 2		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal 1 (B) Meat option (R) Halal option	Oven baked sausage	Homemade Lasagne	Tuna Pasta Bake	Savoury mince with Yorkshire pudding	Chilli con carne
			Halal Lasagne		Halal mince with Yorkshire pudding	Halal Chilli con carne
		Creamed potatoes, broccoli & gravy	Garlic bread and a mixed seasonal salad	mixed seasonal salad	Creamed potatoes, carrots and seasonal cabbage	Wholegrain rice and pitta bread
	Main Meal 2 (G) Vegetarian option	Vegetarian sausage	Quorn burger in a bread bun	Homemade vegetarian pizza	Cheese & Onion pie	Oven baked fish
	Creamed potatoes, broccoli & gravy	Mixed seasonal salad and crunchy coleslaw	oven baked herby diced potatoes and a mixed seasonal salad	Crispy sliced potatoes and baked beans	Chips, garden peas and tomato ketchup	
Salad bar / Bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	
Sweets 	Vienesse tart served with creamy custard. A selection of cold desserts and fresh fruit salad	SUGAR SMART: A selection of reduced sugar desserts	Steamed ginger sponge served with creamy custard. A selection of cold sweets, fresh fruit salad	SUGAR SMART: A selection of reduced sugar desserts	Victoria sponge with chocolate sauce. Assorted cold sweets, fresh fruit salad	