



REINWOOD SCHOOL DINNERS *(Fortnightly menu - as at Sept 2017)*

| W E E K 1 | | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|---|--|
| | Main Meal 1 <i>(B) Meat option</i> <i>(R) Halal option</i> | Chicken Tikka Masala | Spaghetti Bolognese | Traditional Roast Turkey | Oven baked sausage in a roll | Creamy chicken pie |
| | | Halal Chicken Tikka Masala | Halal Spaghetti Bolognese | Halal Roast Chicken | | Halal creamy chicken pie |
| | Main Meal 2 <i>(G) Vegetarian option</i> | Wholegrain Rice and Nan Bread | Garlic bread and a mixed seasonal salad | Roast & creamed potatoes, seasonal veg, stuffing & gravy. | Corn on the cob and crunchy coleslaw | Parsley potatoes, green beans, carrots and gravy |
| | | Homemade savoury cheese pinwheel | Oven baked salmon fishcake | Jacket potato | Vegetarian oven baked sausage in a roll | Oven baked fish fingers |
| Salad bar / Bread | Salad bar & bread | Salad bar & bread | Salad bar & bread | Salad bar & bread | Salad bar & bread | |
| Sweets  | Orange Victoria Sponge served with creamy custard. A selection of cold sweets and fresh fruit salad. | SUGAR SMART: A selection of reduced sugar desserts | Bakewell Tart with creamy custard. Selection of cold sweets. Fresh fruit salad | SUGAR SMART: A selection of reduced sugar desserts | Steamed chocolate fudge pudding served with chocolate sauce. A selection of cold sweets, fresh fruit salad | |

| W E E K 2 | | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|--|---------------------------------|
| | Main Meal 1 <i>(B) Meat option</i> <i>(R) Halal option</i> | Oven baked sausage | Homemade Lasagne | Creamy Chicken pasta bake | Savoury mince with Yorkshire pudding | Chilli con carne |
| | | | Halal Lasagne | Halal creamy chicken pasta bake | Halal mince with Yorkshire pudding | Halal Chilli con carne |
| | Main Meal 2 <i>(G) Vegetarian option</i> | Creamed potatoes, broccoli & gravy | Garlic bread and a mixed seasonal salad | mixed seasonal salad | Creamed potatoes, carrots and seasonal cabbage | Wholegrain rice and pitta bread |
| | | Vegetarian sausage | Quorn burger in a bread bun | Homemade vegetarian pizza | Cheese & Onion pie | Oven baked fish |
| Salad bar / Bread | Salad bar & bread | Salad bar & bread | Salad bar & bread | Salad bar & bread | Salad bar & bread | |
| Sweets  | Vienesse tart served with creamy custard. A selection of cold desserts and fresh fruit salad | SUGAR SMART: A selection of reduced sugar desserts | Steamed ginger sponge served with creamy custard. A selection of cold sweets, fresh fruit salad | SUGAR SMART: A selection of reduced sugar desserts | Victoria sponge with chocolate sauce. Assorted cold sweets, fresh fruit salad | |